

A Hearty Winter Soup

1½ lbs lean ground beef

1 sweet onion, diced

28 oz diced or crushed tomatoes

4 carrots, diced

3 celery sticks, diced

½ c tomato paste

2 c water

32 oz beef broth

1 large bay leaf

½ tsp thyme

10 Tbsp pearl barley

pepper to taste

Brown meat & onions. Drain well.

Add all other ingredients

Simmer covered 2 hours.